### **SESSIONS**

by **Buzan Centre Pune**, Aundh

### Introduction

Change is happening all around us literally throughout every millisecond of our lives. Your entire mind-body system is designed not only to deal with change, but to thrive on it.

This session has been developed to help you understand the concept of change & yourself as an agent of change to develop belief in your ability to live with & manage the effects of change, whatever the circumstances.

# MIND MAPS® for CHANGE MANAGEMENT

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You are a Change Thinker & Change Maker with unique gifts & the ability to transform your own future & to make a positive impact on the world.

This session is designed to enable you to identify your goals & to banish fears & false beliefs so that you can develop to your full potential & embrace the change offered in any situation.



# The rate of change in the environment around us forces us to change our views

about change.

**Importance** 

With 'Mergers & Acquisitions, growth, hiring experts etc. being the norm organizations need to have a strategy to adopt & adapt people, cultures, working styles in order to maximize the returns of all its resources.

Executives at all levels need to appreciate the importance of changing their traditional views on change – to ensure that they are able to contribute & transfer their expertise – thus raising the performance of their team, department & organization.

### **Course Content**

- Benchmarking where we are presently
- The Brain & its Capabilities
  - Information Processing
  - Left & Right Brain Myths & Reality
- Mind Maps<sup>®</sup>
- Change & its effects on us
- Self perception
- Change thinking Quotient
- Change thinker / maker
- Tools for transformation

## **Programme Leaders**

### Jas Johari:

Jas is the **only Buzan Advanced Licensed Instructor**in India and has trained a number
of Corporates from entry level to
the Top most level.



She has also trained the faculty members of Educational Institutes & a number of students too.

# Duration: 8 hours Maneesh Johari:

Maneesh is the CEO of the Buzan Centre Pune, the only centre of the Buzan Organisation in India. He has facilitated Mind Map® trainings at a number of Business houses like Bajaj Auto, Tata Motors, L&T Infotech, HSBC Global, Aditya Birla group, Godrej & Boyce, Nicholas Piramal, HDFC Insurance, Whirlpool, Halliburton, Zydus Cadila, Enam Securities, Idea Cellular, Coca Cola and many more.



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Avni Arcade, Gaikwad Nagar, Aundh, Pune - 411007 Call: 20 25 89 3223, 20 25 88 2223, Maneesh: 98 22 00 4223,

info@buzanpune.com buzanpune@gmail.com maneesh@buzanpune.com jas@buzanpune.com

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98 22 53 4223