

SPEED & RANGE READING

for Higher Productivity

SESSIONS

by
Buzan Centre Pune,
Aundh

Introduction

Information is growing rapidly and is projected to double every 5 years. However, biologically, our eyes are the same as our forefathers.

How are we to keep up with the amount of information we have to read?

The British and American Medical Associations reported that 80% of all visits to doctors & hospitals were due to stress caused mainly by information overload. Thus, to manage this 'overload', the eyes and the brain need new strategies and techniques for reading and assimilating information.



buzan
pune

Outcome

In this ground-breaking course, the participant will be introduced to 21st century Buzan Speed and Range Reading techniques that will guarantee an improvement of their ability in this area.

By the end of the course, participants will learn:

- Speed reading techniques and strategies to increase their speed and comprehension
- The common reading problems that slow down reading speed
- Manage speed and comprehension

Who Should Attend

Those who need to improve their effective reading skills



Course Outline

- **Awareness & Assessment**
 - Initial Reading Speed
 - Goals
 - Habits
 - Power Browse
- **The Eye**
 - Movement-Reality
 - Guiding the Eyes
- **The Brain**
 - Standard Operating Procedure
 - Association
 - Comprehension
- **The Reading Environment**
- **Radiant Reading for Life & Learning**
 - Skimming Newspapers
 - Scanning Reports
 - Exploring Business Books

**Duration:
2 hours**

Maneesh is the CEO of the Buzan Centre Pune, the only centre of the Buzan Organisation in India. He has facilitated Mind Map® trainings at a number of Business houses like Bajaj Auto, Tata Motors, L&T Infotech, HSBC Global, Aditya Birla group, Godrej & Boyce, Nicholas Piramal, HDFC Insurance, Whirlpool, Halliburton, Zydus Cadila, Enam Securities and many more.

buzan
pune

Avni Arcade, Gaikwad Nagar,
Aundh, Pune - 411007

Call: 20 25 89 3223,
20 25 88 2223,
Maneesh: 98 22 00 4223,
Jas: 98 22 53 4223

info@buzanpune.com
buzanpune@gmail.com
maneesh@buzanpune.com
jas@buzanpune.com

www.buzanpune.com • www.thinkbuzan.com/products/a_id/4ba9947ec8b51

Methodology

This lively and interactive workshop requires extensive participants' involvement. It gives them ample opportunity to practice the new techniques learnt. Buzan workshops usually comprise:

- Lectures / presentations
- Individual and small group exercises and discussions
- Self-awareness questionnaires
- Brain-breaks for reflections and integration
 - Games and activities
- Question and answer periods

Tony Buzan



Programme Leaders:

Jas Johari:

Jas is the **only Buzan Advanced Licensed Instructor** in India and has trained a number of Corporates from entry level to the Top most level

She has also trained the faculty members of Educational Institutes & a number of students too.



Maneesh Johari:

